**Children for Health – Theory of Change LEARNING** RESOURCES, AWARENESS, WAYS TO INFLUENCE THE GOAL IMPACT **ATTITUDES & CASE STUDIES** 11 Better Health at Children take care of their Lower Cost More educators have More educators and More educators and More educators and own health. access to CfH's highpolicy makers and 10-14 year old 10-14 year old children **OUTCOMES** quality, free health programmes feel that **ULTIMATE GOAL** children get involved develop the education materials teaching 10-14 year Children care about other's in learning about knowledge, skills and health. for use in their olds about health in a 20 million children lead health that actually confidence about participatory teaching dynamic way is healthier & happier lives improves their lives. health in their relevant, worthwhile programmes. Children develop strong life community. & practical skills and have agency. **ASSUMPTIONS** Provide proven training and teaching tools & techniques and lesson plans. Create high quality Communicate our digital health successes and learning education materials in order to develop an Implement CfH's unique methodology for participatory health education: The 100, to use with 10-14 expert and Rainbow Stick, ZuZu & ZaZa etc. year old children. trustworthy profile. Create and build a community of best practice for ideas exchange. **INPUTS & ACTIVITIES** Communicate the Establish partnerships Children \(\bar{\}\) for Health availability of to develop and design Implement innovative Behaviour Change Model in partner programmes. Sharing Knowledge Saving Lives learning and sharing health education health information to content & activities policy makers, that are adapted to Promote 7 distinctions between participatory education vs. traditional teaching educators and the context in which approaches. programmes. we are working. Implement innovative Memory Palace learning techniques in model school programme. CHANGE IN... CHANGE IN... CHANGE IN... CHANGE IN... CHANGE IN... Attitudes - People & **Uptake** of high-quality Participation & **Learning Outcomes –** Self Belief - agency partners believe 10-14 MEASURES health education Engagement - through affecting actual health health, family & OUTPUTS year olds can learn & materials, content and activities and the way relationships & societal practices now and share essential health activities for 10-14 year they are done. later. impact. messages & positively olds. impact health.

